

REALITY-BASED LEADERSHIP



1. Orientation - Start Here!

Course Description: In this Course, I am going to show you exactly how to use this Virtual Training Platform.

Chapter 1: Introduction to Reality-Based Rules VT

Chapter 2: How to Navigate Reality-Based Rules VT

2. Foundation for Reality-Based Leadership

Course Description: In this course you will learn that you have two roles when you have direct reports – leader and manager. You will come to see that both of these roles are important and are necessary to drive efficiency and build loyalty.

Chapter 1: Introduction

Chapter 2: Calling All Leaders

Chapter 3: Troublesome Trends

3. Lead First - Manage Second

Course Description: In this course you will learn that you have two roles when you have direct reports – leader and manager. You will come to see that both of these roles are important and are necessary to drive efficiency and build loyalty.

Chapter 1: Your Role as a Manager

Chapter 2: Efficiency - the Non-negotiables

Chapter 3: Your Role as a Leader - Empathy and Responsiveness

Chapter 4: Coach the Person in Front of You

Chapter 5: Stop Judging and Start Helping!

4. Ditching the Drama - Reality Based Thinking

Course Description: In this course you will find ways to stop the insanity and focus on leadership behaviors that actually make sense.

- Chapter 1: Introduction
- Chapter 2: Arguing with Reality
- Chapter 3: The Third Column
- Chapter 4: Suffering is Optional
- Chapter 5: A Chain Reaction - the Thought Cycle
- Chapter 6: Open Door Policy
- Chapter 7: Respond to the Facts, Not the Story

5. Restoring Sanity to the Workplace

Course Description: In this course on restoring sanity to the workplace, you will discover that accountability is not a dirty word. Everyone is talking about accountability but yet few know what it really is. We'll ditch the notion of whose butt's on the line and focus on mindsets instead. You will come to see that people who are personally accountable, ready for change, and aligned to the organization are far more valuable AND engaged employees in the workplace. More importantly you will learn how to use this knowledge, restore some level of peace to your life and improve the way you lead your team. I recommend the use of the "My Notes" tab to build your personal development plan as you go in each chapter. If you are ready, let's get started.

- Chapter 1: Conventional Wisdom
- Chapter 2: Personal Accountability
- Chapter 3: Learned Helplessness
- Chapter 4: Get Rid of Stupid Questions
- Chapter 5: Capitalizing on Change
- Chapter 6: Work with the Willing
- Chapter 7: The Art of Reframing
- Chapter 8: Competency Comes After Confidence
- Chapter 9: Organizational Alignment
- Chapter 10: Clarity Surrounding Roles
- Chapter 11: Three Common Mistakes to Avoid
- Chapter 12: Resistance vs. Feedback

6. Turning Excuses Into Results

Course Description: In this course you will come to see that there is one path that leads to positive results in life.

- Chapter 1: Results Circle
- Chapter 2: Drive for Results
- Chapter 3: Best Tips for Being a Great Leader
- Chapter 4: Root Cause of Issues
- Chapter 5: Giving Feedback
- Chapter 6: One on One Meeting Agenda
- Chapter 7: Placemat Design
- Chapter 8: Manifesto