REALITY-BASED LEADERSHIP
With Cy Wakeman

1. ORIENTATION - START HERE!

Course Description: In this Course, I am going to show you exactly how to use this Virtual Training Platform.

Chapter 1: Introduction to Reality-Based VT
Chapter 2: How to Navigate Reality-Based VT

2. FOUNDATION FOR REALITY-BASED LEADERSHIP

Course Description: In this course you will learn that you have two roles when you have direct reports – leader and manager. You will come to see that both of these roles are important and are necessary to drive efficiency and build loyalty.

Chapter 1: Introduction
Chapter 2: Calling All Leaders
Chapter 3: Troublesome Trends

3. LEAD FIRST - MANAGE SECOND

Course Description: In this course you will learn that you have two roles when you have direct reports – leader and manager. You will come to see that both of these roles are important and are necessary to drive efficiency and build loyalty.

Chapter 1: Your Role as a Manager
Chapter 2: Efficiency - the Non-negotiables
Chapter 3: Your Role as a Leader - Empathy and Responsiveness
Chapter 4: Coach the Person in Front of You
Chapter 5: Stop Judging and Start Helping!

4. DITCHING THE DRAMA - REALITY-BASED THINKING

Course Description: In this course you will find ways to stop the insanity and focus on leadership behaviors that actually make sense.

Chapter 1: Introduction
Chapter 2: Arguing with Reality
Chapter 3: The Third Column
Chapter 4: Suffering is Optional
Chapter 5: A Chain Reaction - the Thought Cycle
Chapter 6: Open Door Policy
Chapter 7: Respond to the Facts, Not the Story

5. RESTORING SANITY TO THE WORKPLACE

Course Description: In this course on restoring sanity to the workplace, you will discover that accountability is not a dirty word. Everyone is talking about accountability but yet few know what it really is. We'll ditch the notion of whose butt's on the line and focus on mindsets instead. You will come to see that people who are personally accountable, ready for change, and aligned to the organization are far more valuable AND engaged employees in the workplace. More importantly you will learn how to use this knowledge, restore some level of peace to your life and improve the way you lead your team. I recommend the use of the "My Notes" tab to build your personal development plan as you go in each chapter. If you are ready, let's get started.

Chapter 1: Introduction
Chapter 2: Personal Accountability
Chapter 3: Learned Helplessness
Chapter 4: Get Rid of Stupid Questions
Chapter 5: Capitalizing on Change
Chapter 6: Work with the Willing
Chapter 7: The Art of Reframing
Chapter 8: Competency Comes After Confidence
Chapter 9: Organizational Alignment
Chapter 10: Clarity Surrounding Roles
Chapter 11: Three Common Mistakes to Avoid
Chapter 12: Resistance vs. Feedback

6. TURNING EXCUSES INTO RESULTS

Course Description: In this course you will come to see that there is one path that leads to positive results in life.

Chapter 1: Results Circle
Chapter 2: Drive for Results
Chapter 3: Best Tips for Being a Great Leader
Chapter 4: Root Cause of Issues
Chapter 5: Giving Feedback
Chapter 6: One-on-One Meeting Agenda
Chapter 7: Placemat Design
Chapter 8: Manifesto & Final Thoughts